

## District 2/5/8 Track &amp; Field Championship - 5/19/2017 to 5/20/2017

## SWAC

## Meet Program

**Event 201 Boys 100 Meter Dash 3A (16)****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	Breen, Conor	Eastside Cat	11.97
2	Pritchard, David	Eastside Cat	11.64
3	Epefano, Vinny	Shadle Park	11.18
4	Mafilas, Evan	O'Dea	11.40
5	Wick, Noland	North Centra	11.13
6	Ifanse, Isaiah	Bellevue	11.47
7	Barlow, Langston	Nathan Hale	11.77
8	Ulrich, Michael	Ingraham	12.00

**Heat 2 of 2 Prelims**

1	Randolph, John	Lakeside (Se	11.94
2	Fowler, Andrew	Bellevue	11.51
3	Pizzillo, Tony	Shadle Park	11.17
4	Wilson, Cody	Lake Washing	11.28
5	Walker, Barrington	Rainier Beac	11.60
6	Mason, Quataveous	North Centra	11.46
7	Delgado, Joshua	Ingraham	11.67
8	Cobb, Miles	Lakeside (Se	11.99

**Alternates**

1	Stacy, Michael	North Centra	11.56
2	Echigoshima, Joseph	Bellevue	11.65
3	Aytch, Jamaica	Garfield	11.77
4	Sise, Dean	Juanita	11.83

**Event 202 Boys 200 Meter Dash 3A (16)****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	Martorano, Antonio	Ballard	23.67
2	Ruo, Oliver	Redmond	23.26
3	Wick, Noland	North Centra	22.44
4	Mafilas, Evan	O'Dea	22.40
5	Pizzillo, Tony	Shadle Park	22.09
6	Pritchard, David	Eastside Cat	23.03
7	Delgado, Joshua	Ingraham	23.35
8	Farrison, Rylee	West Seattle	23.78

**Heat 2 of 2 Prelims**

1	Brundige, Cole	Bainbridge	23.45
2	Greenwalt, Ryan	Juanita	23.10
3	Epefano, Vinny	Shadle Park	22.15
4	Richmond, Jack	Bellevue	22.99
5	Walker, Barrington	Rainier Beac	22.73
6	Mason, Quataveous	North Centra	23.01
7	Aytch, Jamaica	Garfield	23.33
8	Murphy, Dylan	Bishop Blanc	23.77

**Alternates**

1	Loomis, Ronny	Kennewick	23.29
2	Sise, Dean	Juanita	23.46
3	Ulrich, Michael	Ingraham	23.79
4	Breen, Conor	Eastside Cat	23.81
5	Cobb, Miles	Lakeside (Se	23.85

**Event 203 Boys 400 Meter Dash 3A (16)****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	Abdulalim, Jibril	Cleveland (W	51.94
2	Ruo, Oliver	Redmond	51.29
3	Longley, Wyatt	Bainbridge	49.79
4	Mafilas, Evan	O'Dea	48.66
5	Richmond, Jack	Bellevue	50.46
6	Muglia, Sean	North Centra	50.91
7	Farrison, Rylee	West Seattle	51.58
8	Lui, Carson	Redmond	52.73

**Heat 2 of 2 Prelims**

1	Albertin, Austin	Kennewick	51.67
2	Gutierrez, Cameron	Kamiakin	51.10
3	Elliott, Cass	West Seattle	49.62
4	Pizzillo, Tony	Shadle Park	48.87
5	Walker, Barrington	Rainier Beac	49.31
6	Daniels, Mark	Nathan Hale	50.63
7	Brundige, Cole	Bainbridge	51.36
8	Martorano, Antonio	Ballard	52.15

**Alternates**

1	Yocom, Wade	Southridge	51.79
2	Ulrich, Michael	Ingraham	52.18
3	Lutenko, Anthony	Roosevelt	52.50
4	Tate, Jaelin	Mercer Islan	53.51

**Event 204 Boys 800 Meter Run 3A (16)****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	Settle, Liam	Nathan Hale	2:01.64
2	Mohn, Isaac	O'Dea	1:58.97
3	Christner, Jacob	North Centra	1:58.22
4	Laird, William	Garfield	1:56.74
5	Correa, Johan	Kennewick	1:56.11
6	Gutierrez, Braxton	Kamiakin	1:58.52
7	Blunden, Carter	Interlake	1:59.24
8	Hall, Carter	Bainbridge	2:04.98

**Heat 2 of 2 Prelims**

1	Brennan, James	Seattle Prep	2:00.63
2	Lewis, Sean	O'Dea	1:58.87
3	Garcilazo, Antonio	Southridge	1:56.56
4	Paszkeicz, Dante	Interlake	1:56.25
5	Hinds, Thomas	Roosevelt	1:58.59
6	Gengo, Michael	Juanita	1:58.48
7	Ruggiero, Carlo	Bainbridge	1:59.09
8	Martin, Matt	Bishop Blanc	2:01.93

**Alternates**

1	Lee, Kyler	Kamiakin	1:58.58
2	Nickum, Kyle	Redmond	2:00.13
3	Glickman, Scott	Juanita	2:01.22
4	Matteson, Alex	Nathan Hale	2:05.01
5	Maier, Johnny	Ballard	2:05.02

## District 2/5/8 Track &amp; Field Championship - 5/19/2017 to 5/20/2017

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**Event 205 Boys 1600 Meter Run 3A (16)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Laird, William	Garfield	4:20.93
2	Cretu, George	Redmond	4:22.55
3	Goodwin, Adrian	Juanita	4:23.94
4	Konugres, James	Ballard	4:24.40
5	Dressel, Hayden	Mt Spokane	4:25.74
6	Franco, Jonah	Kamiakin	4:25.75
7	Mohn, Isaac	O'Dea	4:27.24
8	Knight, Hank	North Centra	4:27.29
9	Lee, Kyler	Kamiakin	4:27.98
10	Paszkeicz, Dante	Interlake	4:28.39
11	Bylund, Jack	Roosevelt	4:28.51
12	Hinds, Thomas	Roosevelt	4:30.91
13	Giday, Epheson	Franklin	4:31.84
14	Raman, Sanjay	Lakeside (Se	4:32.94
15	Sheh, Joe	Seattle Prep	4:32.98
16	Muche, Surafel	Nathan Hale	4:35.48
<b>Alternates</b>			
1	Taylor, Markus	North Centra	4:28.64
2	Benson, Nate	Mercer Islan	4:29.49
3	Randal, Max	Redmond	4:31.12
4	Killalea, Jack	Seattle Prep	4:35.70
5	Rathbun, Parker	Bishop Blanc	4:35.80

**Event 206 Boys 3200 Meter Run 3A (16)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Dressel, Hayden	Mt Spokane	9:26.88
2	Konugres, James	Ballard	9:26.92
3	Child, Ryan	Kamiakin	9:31.91
4	Franco, Jonah	Kamiakin	9:31.91
5	Cretu, George	Redmond	9:32.05
6	Donlea, Leo	Ingraham	9:32.51
7	Goodwin, Adrian	Juanita	9:33.79
8	Taylor, Markus	North Centra	9:36.66
9	Randal, Max	Redmond	9:38.02
10	Milodragovich, Henry	Garfield	9:42.68
11	Killalea, Jack	Seattle Prep	9:44.74
12	Raman, Sanjay	Lakeside (Se	9:45.05
13	Belkin, Sebastian	Bainbridge	9:46.79
14	Bylund, Jack	Roosevelt	9:47.87
15	Mohn, Isaac	O'Dea	9:50.53
16	Giday, Epheson	Franklin	9:51.49
<b>Alternates</b>			
1	Benson, Nate	Mercer Islan	9:38.85
2	Ahmed, Mohamed	North Centra	9:40.90
3	Secheyron, Tom	Interlake	9:49.39
4	Skepetaris, Sebastian	Ballard	9:51.58
5	Maier, Johnny	Ballard	9:51.84

**Event 207 Boys 110 Meter Hurdles 3A (16)**

<b>8 Advance: Top 3 Each Heat plus Next 2 Best Times</b>			
Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	Peterson, Rian	Redmond	16.59
2	Ali, Abdulahi	West Seattle	15.87
3	Morgan, Parker	Kamiakin	15.75
4	Elliott, Cass	West Seattle	15.47
5	Ralston, Darion	Mt Spokane	15.48
6	Carsten-Hill, Isaiah	Rogers (Spok	15.81
7	De la cruz, Ben	Seattle Prep	16.38
8	Zepeda, Luke	Nathan Hale	16.98
<b>Heat 2 of 2 Prelims</b>			
1	Hayashi, Rory	Roosevelt	16.46
2	Jenkins, Savion	Seattle Prep	15.86
3	Ellsworth, Ethan	Southridge	15.53
4	Mikulak, Mark	Interlake	15.47
5	Lewis, Quinton	O'Dea	15.66
6	Frost, Christopher	Bishop Blanc	15.77
7	Okamura-culpepper, Mirai	Roosevelt	16.31
8	Fong, Lucas	Bellevue	16.74
<b>Alternates</b>			
1	LeBlanc, Ryan	North Centra	15.92
2	Tan, Nelson	Juanita	17.02
3	Wilks, Kegan	Juanita	17.02
4	Johnson, Chance	O'Dea	17.18
5	Walsh, Conner	Ingraham	17.88

**Event 208 Boys 300 Meter Hurdles 3A (16)**

<b>8 Advance: Top 3 Each Heat plus Next 2 Best Times</b>			
Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	Hayashi, Rory	Roosevelt	44.49
2	Morgan, Parker	Kamiakin	41.87
3	Ellsworth, Ethan	Southridge	41.19
4	Elliott, Cass	West Seattle	39.82
5	Wilks, Kegan	Juanita	41.31
6	Holm, Kaleb	Rogers (Spok	41.44
7	Graue, Ryan	Eastside Cat	42.47
8	Jenkins, Savion	Seattle Prep	44.51
<b>Heat 2 of 2 Prelims</b>			
1	Custer, Carter	Bishop Blanc	43.61
2	Zepeda, Luke	Nathan Hale	41.47
3	Lewis, Quinton	O'Dea	40.94
4	Smith, Benson	Kamiakin	40.49
5	Okamura-culpepper, Mirai	Roosevelt	40.89
6	Mikulak, Mark	Interlake	41.34
7	Carlens, Hampus (Carl)	Mercer Islan	42.46
8	Ali, Abdulahi	West Seattle	44.50
<b>Alternates</b>			
1	Kelly, Brycen	Southridge	42.26
2	Fong, Lucas	Bellevue	43.07
3	Butt, Zeyan	Redmond	43.46
4	Windrope, Elliott	Bainbridge	44.52

## District 2/5/8 Track &amp; Field Championship - 5/19/2017 to 5/20/2017

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## Meet Program

## Alternates...(Event 208 Boys 300 Meter Hurdles 3A)

5	Johnson, Chance	O'Dea	44.53
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## Event 209 Boys 4x100 Meter Relay 3A (16)

Lane	Team	Relay	Seed Time
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## Section 1 of 2 Finals

1	West Seattle	A	45.22
2	Mercer Islan	A	44.62
3	Mt Spokane	A	43.29
4	Rainier Beac	A	44.41
5	Shadle Park	A	42.80
6	Bishop Blanc	A	44.56
7	O'Dea	A	45.02
8	Lakeside (Se	A	45.32

## Section 2 of 2 Finals

1	Cleveland (W	A	45.05
2	Interlake	A	44.58
3	North Centra	A	42.95
4	Lake Washing	A	43.81
5	Franklin	A	44.45
6	Kennewick	A	43.58
7	Roosevelt	A	44.63
8	Ingraham	A	45.30

## Alternates

1	Kamiakin	A	43.72
2	Juanita	A	45.79

## Event 210 Boys 4x400 Meter Relay 3A (16)

Lane	Team	Relay	Seed Time
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## Section 1 of 2 Finals

1	Bishop Blanc	A	3:33.02
2	Nathan Hale	A	3:30.80
3	Mt Spokane	A	3:26.96
4	O'Dea	A	3:24.06
5	Kennewick	A	3:24.12
6	Roosevelt	A	3:29.39
7	Juanita	A	3:31.07
8	Ballard	A	3:35.09

## Section 2 of 2 Finals

1	Seattle Prep	A	3:31.99
2	Redmond	A	3:30.53
3	Kamiakin	A	3:25.75
4	Interlake	A	3:29.64
5	Bainbridge	A	3:24.58
6	Southridge	A	3:28.96
7	Cleveland (W	A	3:30.87
8	Franklin	A	3:35.07

## Alternates

1	North Central	A	3:29.92
2	Mercer Island	A	3:36.30
3	West Seattle	A	3:36.34
4	Ingraham	A	3:37.61
5	Bellevue	A	3:39.05

## Event 211 Boys High Jump 3A (17)

Pos	Name	School	Seed Mark
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## Flight 1 of 1 Finals

1	Kessler, Matthew	Seattle Prep	5-04.00
2	Katz, Alex	Nathan Hale	5-04.00
3	Aguirre, Simon	Bishop Blanc	5-04.00
4	Owen, Andrew Frankie	Bainbridge	5-04.00
5	Pope, Simon	Bishop Blanc	5-06.00
6	Ibrahim, Naji	Franklin	5-10.00
7	Stowers, Thomas	O'Dea	5-10.00
8	Jones, Peter	O'Dea	6-00.00
9	Young, Jeff	Lake Washing	6-00.00
10	Maddox, Phalon	Mt Spokane	6-00.00
11	Ellsworth, Ethan	Southridge	6-01.00
12	Zimmerman, Tarique	Interlake	6-02.00
13	Lemery-Spencer, Rashawn	North Centra	6-02.00
14	Jackson, Elijah	Chief Sealth	6-02.00
15	Carlens, Hampus (Carl)	Mercer Islan	6-04.00
16	Ford, Jakobe'	Shadle Park	6-10.00
17	Thomson, Jack	Redmond	6-00.00

## Alternates

1	Hobson, Josh	Bellevue	6-00.00
2	Haggins, Martavis	Kennewick	6-00.00
3	Binz, Tommy	Eastside Cat	5-02.00
4	Villa, Sam	Roosevelt	5-02.00
5	Bonicatto, Jack	Roosevelt	5-02.00

## Event 212 Boys Pole Vault 3A (16)

Pos	Name	School	Seed Mark
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## Flight 1 of 1 Finals

1	Ishiyama, Yasuhiro	Ballard	11-00.00
2	Patrick, Micah	Lake Washing	11-06.00
3	Malkoski, Milo	O'Dea	11-06.00
4	Griffin, Sam	Bellevue	11-06.00
5	Flack, Dominic	O'Dea	11-06.00
6	Baird, Bo	Bainbridge	11-06.00
7	Shaw, Will	Nathan Hale	12-06.00
8	Williams, Christian	Nathan Hale	12-06.00
9	Freitag, Brayden	Kamiakin	13-00.00
10	Baker, Theron	Ballard	13-00.00
11	DePina, Oliver	O'Dea	13-00.00
12	Mehring, Jared	Mt Spokane	13-00.00
13	Sirak, Barnabas	Bishop Blanc	13-06.00
14	Hamilton, Alexander	Bellevue	13-06.00
15	Davis, Docker	Mt Spokane	14-00.00
16	Neumann, Cade	Mt Spokane	14-06.00

## Alternates

1	Nelson, Brigam	Southridge	12-06.00
2	Cohen, Chad	Ballard	11-00.00
3	Deubler, Daniel	Bishop Blanc	11-00.00
4	Tian, Jeffery	Mercer Islan	10-06.00

## District 2/5/8 Track &amp; Field Championship - 5/19/2017 to 5/20/2017

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## Meet Program

## Event 213 Boys Long Jump 3A (16)

Pos	Name	School	Seed Mark
<b>Flight 1 of 2 Finals</b>			
1	Dondoyano, Bennett	Lakeside (Se	19-06.25
2	Gibson, Brandyn	Chief Sealth	19-07.50
3	Stowers, Thomas	O'Dea	19-08.25
4	Dumas, William	Ballard	19-10.75
5	Graue, Ryan	Eastside Cat	20-02.75
6	Brown, Alvon	Roosevelt	20-04.50
7	Sise, Dean	Juanita	20-09.75
8	Frost, Christopher	Bishop Blanc	20-11.25
<b>Flight 2 of 2 Finals</b>			
1	Floyd, Quinn	Seattle Prep	21-00.50
2	Barrera, Spencer	Mt Spokane	21-02.25
3	Nachmanson, Ben	Redmond	21-04.00
4	Greenwalt, Ryan	Juanita	21-04.50
5	Jackson, Elijah	Chief Sealth	21-04.75
6	Owens, Keyshawn	Kennewick	21-05.50
7	White, Jacob	Mt Spokane	21-06.50
8	Ford, Jakobe'	Shadle Park	22-04.00
<b>Alternates</b>			
1	Kuku, Emmanuel	Kennewick	21-00.50
2	Hobson, Josh	Bellevue	20-00.25
3	Silwal, Ashray	Interlake	19-03.25
4	Fries, Xander	Lakeside (Se	19-02.25
5	Huynh, Toan	Chief Sealth	18-08.50

## Event 214 Boys Triple Jump 3A (16)

Pos	Name	School	Seed Mark
<b>Flight 1 of 2 Finals</b>			
1	Zekaryas, Abel	Bishop Blanc	37-03.25
2	Sheckles, Christopher	Cleveland (W	37-09.00
3	Gibson, Brandyn	Chief Sealth	38-09.00
4	Dondoyano, Bennett	Lakeside (Se	39-10.50
5	Floyd, Quinn	Seattle Prep	40-01.00
6	Williams, Christian	Nathan Hale	40-02.75
7	Silwal, Ashray	Interlake	41-03.25
8	Carlens, Hampus (Carl)	Mercer Islan	41-08.25
<b>Flight 2 of 2 Finals</b>			
1	Zimmerman, Tarique	Interlake	41-11.50
2	Brown, Alvon	Roosevelt	42-04.75
3	White, Jacob	Mt Spokane	42-05.50
4	Barrera, Spencer	Mt Spokane	42-06.00
5	Frans, Jahlil	Rogers (Spok	44-00.00
6	Jackson, Elijah	Chief Sealth	44-05.25
7	Johnson, Montineze	O'Dea	44-08.25
8	Ford, Jakobe'	Shadle Park	47-09.50
<b>Alternates</b>			
1	Cozza, Kyle	Shadle Park	41-08.50
2	Hobson, Josh	Bellevue	40-06.50
3	Lam, Joshua	Redmond	38-02.00
4	Lambino, Daniel	Nathan Hale	36-11.75
5	Phan, Bryan	Franklin	36-06.00

## Event 215 Boys Shot Put 3A (16)

Pos	Name	School	Seed Mark
<b>Flight 1 of 2 Finals</b>			
1	Lefau, Christopher	Eastside Cat	42-02.00
2	Snodgrass, Caden	West Seattle	42-06.00
3	Moran, Steven	Eastside Cat	43-07.00
4	Cosgrove, Teddy	Nathan Hale	43-08.00
5	Kirk-Woodbury, Joseph	West Seattle	44-01.00
6	Klingler, Myles	O'Dea	44-06.00
7	Sise, Dean	Juanita	44-07.75
8	Benton, TJ	Mt Spokane	44-11.50
<b>Flight 2 of 2 Finals</b>			
1	Villasenor, Brendon	Kennewick	45-03.00
2	Conder, Reed	Nathan Hale	45-06.00
3	Nascimento, Joao	Juanita	45-10.25
4	Korican, Griffin	O'Dea	46-07.00
5	Bliss, Andy	Mercer Islan	47-02.50
6	Rickels, Scott	Bishop Blanc	48-02.00
7	Stangel, Casey	North Centra	50-04.00
8	Lionello, Dillon	Mt Spokane	57-02.00
<b>Alternates</b>			
1	Johnson, Caleb	Shadle Park	44-10.25
2	Williams, Trevor	Juanita	42-11.00
3	Kennedy, Luke	Redmond	42-10.50
4	Nelson, Jonas	Nathan Hale	41-10.00
5	Theard, Roudy	Ballard	41-09.50

## Event 216 Boys Discus Throw 3A (16)

Pos	Name	School	Seed Mark
<b>Flight 1 of 2 Finals</b>			
1	Smith, Jacob	Lake Washing	117-09
2	Rickels, Scott	Bishop Blanc	118-04
3	Yen, Eli	Mercer Islan	121-00
4	Conder, Reed	Nathan Hale	121-06
5	Dixon, Gavin	Roosevelt	121-06
6	Maier, Ben	Redmond	124-10
7	Galbraith, Logan	Bishop Blanc	125-07
8	Nelson, Jonas	Nathan Hale	127-10
<b>Flight 2 of 2 Finals</b>			
1	Kirk-Woodbury, Joseph	West Seattle	127-10
2	Snodgrass, Caden	West Seattle	129-06
3	Lefau, Christopher	Eastside Cat	132-01
4	Sullins, Josh	Kennewick	132-08
5	Cosgrove, Teddy	Nathan Hale	138-09
6	Johnson, Caleb	Shadle Park	140-00
7	Brooks, Tanner	Mt Spokane	148-00
8	Lionello, Dillon	Mt Spokane	172-03
<b>Alternates</b>			
1	McCue, Brock	Kamiakin	127-10
2	Martinez, Quinn	Bellevue	117-08
3	Theard, Roudy	Ballard	117-04
4	Harmon, Patrick	Bishop Blanc	116-05
5	Kennedy, Luke	Redmond	115-07

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**Event 217 Boys Javelin Throw 3A (16)**

Pos	Name	School	Seed Mark
<b>Flight 1 of 2 Finals</b>			
1	Navone, Jimmy	Bishop Blanc	120-09
2	Lefau, Christopher	Eastside Cat	121-04
3	Wu, Jin Wen	Franklin	125-10
4	Blake, Gabe	Seattle Prep	131-04
5	Andrade, Joshua	Ingraham	136-07
6	Zhao, Johnny	Nathan Hale	139-10
7	Tabisola, Joe	Bainbridge	141-04
8	Hill-Settelmeyer, Bryce	Bainbridge	142-00
<b>Flight 2 of 2 Finals</b>			
1	Dondoyano, Bennett	Lakeside (Se	145-00
2	Gockel, Brandon	Lake Washing	154-09
3	Martinez, Quinn	Bellevue	159-10
4	Ellis, Jack	Redmond	161-00
5	Gockel, Brady	Lake Washing	161-11
6	Rhodes, Tony	Mt Spokane	163-00
7	Jensen, Bo	Mt Spokane	166-11
8	Loomis, Ronny	Kennewick	168-04
<b>Alternates</b>			
1	Woodland, Joey	Mt Spokane	151-10
2	Kelly, Brycen	Southridge	151-01
3	Miller, Nick	Redmond	142-06
4	Kvech, Jonathan	Eastside Cat	119-11

**Event 218 Girls 100 Meter Dash 3A (16)**

<b>8 Advance: Top 3 Each Heat plus Next 2 Best Times</b>			
Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	Goffard, McKaley	Southridge	13.41
2	Andersen, Kristen	Holy Names A	13.37
3	Moronkola, Imani	Garfield	13.12
4	Watt, Aisha	Seattle Prep	12.73
5	Petsch, Katherine	Kamiakin	13.00
6	Stermer, Celyn	Ballard	13.25
7	Kolesnikova, Milena	Juanita	13.41
8	Cox-Raman, Sonja	Ballard	13.54
<b>Heat 2 of 2 Prelims</b>			
1	McPhee, Anna	Roosevelt	13.41
2	Garrett, Stephanie	Rogers (Spok	13.34
3	Gibson-Sims, Taleijah	Garfield	13.07
4	Pasumansky, Yael	Lake Washing	13.13
5	Wiley, Quinn	Chief Sealth	13.05
6	Davis, Thayer	Lake Washing	13.24
7	Ingraham, Clara	Ballard	13.39
8	Gray, Victoria	Seattle Prep	13.51
<b>Alternates</b>			
1	Thompson, Grace	Mt Spokane	13.50
2	Inge, Emma	Ballard	13.56
3	Suttora, Gabrielle	West Seattle	13.60
4	Schneider, Jaden	Bellevue	13.64
5	Tucker, Sarah	Southridge	13.65

**Event 219 Girls 200 Meter Dash 3A (16)**

<b>8 Advance: Top 3 Each Heat plus Next 2 Best Times</b>			
Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	Ingraham, Clara	Ballard	27.58
2	Tudor, Joelle	Bellevue	27.14
3	Duckett, Camille	Roosevelt	26.27
4	Brown, Iman	Garfield	25.52
5	Petsch, Katherine	Kamiakin	26.02
6	Moronkola, Imani	Garfield	26.77
7	Garrett, Stephanie	Rogers (Spok	27.34
8	Steele, Michelle	Seattle Prep	27.60
<b>Heat 2 of 2 Prelims</b>			
1	Cox-Raman, Sonja	Ballard	27.56
2	Harris, Lyric	Garfield	26.87
3	Gibson-Sims, Taleijah	Garfield	25.86
4	Fujisaki, Tessa	Redmond	26.17
5	Watt, Aisha	Seattle Prep	25.80
6	Shulman, Mirannda	Kamiakin	26.55
7	Davis, Thayer	Lake Washing	27.25
8	Bettin, Sierrah	West Seattle	27.59
<b>Alternates</b>			
1	Rouse, Sophie	Redmond	27.69
2	Goffard, McKaley	Southridge	27.75
3	Hoffmann, Katherine	Shadle Park	27.79
4	Reid, Katherine	Bellevue	28.03

**Event 220 Girls 400 Meter Dash 3A (16)**

<b>8 Advance: Top 3 Each Heat plus Next 2 Best Times</b>			
Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	Myers, Chloe	Chief Sealth	1:03.23
2	Stephens, Jocelyn	Seattle Prep	1:02.35
3	Baker, Margaret	Mercer Islan	1:01.22
4	Sanusi, Kamila	Lakeside (Se	1:00.56
5	Shulman, Mirannda	Kamiakin	58.72
6	Hensey, Ella	Mercer Islan	1:02.11
7	Ingraham, Clara	Ballard	1:03.06
8	Horn, Sydney	Lakeside (Se	1:04.10
<b>Heat 2 of 2 Prelims</b>			
1	Axe, Caitlyn	Redmond	1:03.23
2	Blohm, Gretchen	Mercer Islan	1:02.15
3	Correa-Cambino, Geraldin	Kennewick	1:00.37
4	Fujisaki, Tessa	Redmond	57.83
5	Andersen, Kristen	Holy Names A	1:00.96
6	Korican, McKenzie	Bainbridge	1:02.68
7	Brundige, Emma	Bainbridge	1:02.08
8	Mackenzie-Pickar, Madison	Seattle Prep	1:03.95
<b>Alternates</b>			
1	Gavryushchenko, Regina	Ballard	1:03.26
2	Foxworth, Morgan	North Centra	1:03.31
3	Main, Emma	Mt Spokane	1:04.18
4	Baribault, Allie	Mt Spokane	1:05.80

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**Event 221 Girls 800 Meter Run 3A (16)****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	Stern, Lena	Garfield	2:23.77
2	Kyro, Lexi	Nathan Hale	2:22.81
3	Correa-Cambino, Geraldin	Kennewick	2:19.39
4	Jendrezak, Kate	Eastside Cat	2:20.01
5	Hansen, Brooke	Southridge	2:18.21
6	Tonsman, Hannah	Bainbridge	2:20.94
7	Salowey, Anja	Ingraham	2:24.60
8	Flood, Emma	Bishop Blanc	2:31.31
<b>Heat 2 of 2 Prelims</b>			
1	Baker, Aubrey	Bellevue	2:25.57
2	Ripple, Erin	Holy Names A	2:22.34
3	Konrad, Shawnee	Mt Spokane	2:19.33
4	Erikson, Ellie	Interlake	2:15.65
5	Barr, Jane	Roosevelt	2:20.34
6	Hirschfeld, Anya	Ingraham	2:20.86
7	Collins, Sophia	Juanita	2:24.08
8	Scott, Anna	Bainbridge	2:31.30
<b>Alternates</b>			
1	Klebeck, Lucy	Holy Names A	2:24.45
2	Clowers, Bethany	Lake Washing	2:26.69
3	Reichek, Esther	Lakeside (Se	2:27.00
4	Figon, Ava	Mt Spokane	2:27.85
5	Sargent, Liv	Mt Spokane	2:28.54

**Event 222 Girls 1600 Meter Run 3A (16)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Oakes, Jordan	Holy Names A	4:57.14
2	Barr, Jane	Roosevelt	5:02.59
3	Ramos, Ashlyn	Eastside Cat	5:06.28
4	Hirschfeld, Anya	Ingraham	5:06.63
5	David-Smith, Camila	Interlake	5:07.54
6	Kyro, Lexi	Nathan Hale	5:07.55
7	Ripple, Erin	Holy Names A	5:08.15
8	Klebeck, Lucy	Holy Names A	5:18.62
9	Hill, Erinn	North Centra	5:15.29
10	Hill, Mia	North Centra	5:15.80
11	Bury, Emma	Redmond	5:16.30
12	Swartz-Ireland, Tovah	Nathan Hale	5:19.81
13	Taylor, Marielise	North Centra	5:20.43
14	Kopf, Ellie	Seattle Prep	5:20.64
15	Teeple, McKinzi	Kamiakin	5:21.49
16	Kalach, Maya	Interlake	5:23.48
<b>Alternates</b>			
1	Stites, Lizzie	Southridge	5:26.90

**Event 223 Girls 3200 Meter Run 3A (16)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	David-Smith, Camila	Interlake	10:44.98
2	Oakes, Jordan	Holy Names A	10:58.17
3	Hill, Erinn	North Centra	11:12.73
4	Hill, Mia	North Centra	11:13.90
5	Taylor, Marielise	North Centra	11:14.78
6	Ramos, Ashlyn	Eastside Cat	11:18.14
7	Hayes, Lily	Garfield	11:22.38
8	Swartz-Ireland, Tovah	Nathan Hale	11:24.48
9	Cantine, Sophia	Lakeside (Se	11:25.25
10	Cocales, Claire	Lake Washing	11:28.23
11	Bury, Emma	Redmond	11:29.45
12	Konugres, Anastasia	Ballard	11:29.70
13	Kopf, Ellie	Seattle Prep	11:30.17
14	Schmidt, Isabel	Garfield	11:30.19
15	Forsberg, Kate	Bellevue	11:30.70
16	vonRuden, Naomi	Bainbridge	11:34.29
<b>Alternates</b>			
1	Velling, Emma	Holy Names A	11:39.68
2	Montgomery, Lydia	Ingraham	11:42.30
3	Michaels, Chloe	Mercer Islan	11:43.74
4	Teeple, McKinzi	Kamiakin	11:44.67
5	Lowe, Brooklyn	Kamiakin	12:12.09

**Event 224 Girls 100 Meter Hurdles 3A (16)**

Lane	Name	School	Seed Time
<b>8 Advance: Top 3 Each Heat plus Next 2 Best Times</b>			
<b>Heat 1 of 2 Prelims</b>			
1	Hubble, Gabriella	Ingraham	17.32
2	Donais, Britney	Kamiakin	16.88
3	Bazie, Felecia	Garfield	16.68
4	Salowey, Phoebe	Ingraham	15.40
5	Reiboldt, Hailey	Southridge	15.96
6	Chisholm, Taryn	Lake Washing	16.80
7	Taylor, Natalie	Bainbridge	17.13
8	Davis, Symmone	West Seattle	18.10
<b>Heat 2 of 2 Prelims</b>			
1	Sarver, Grace	West Seattle	17.22
2	Havens, Adelaide	Holy Names A	16.83
3	Chaffin, Callista	Mt Spokane	16.60
4	Wilks, Shelby	Juanita	16.59
5	Dunn, Eleanor Ellie	Garfield	16.40
6	Johnson, Claire	Redmond	16.69
7	Allen, Treshur	Mt Spokane	16.96
8	Dittmaier, Gretchen	Seattle Prep	17.63
<b>Alternates</b>			
1	Hazel, Alexa	Kamiakin	17.13
2	Kidd, Jayla	Juanita	17.53
3	Watson, Kendra	Mercer Islan	17.59
4	O'Donnell, Sarah	Seattle Prep	18.07
5	Farrell, Nola	Ingraham	18.12

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**Event 225 Girls 300 Meter Hurdles 3A (16)****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	Parker, Paige	Eastside Cat	50.15
2	Mellgren, Kaylee	North Centra	48.68
3	Martin, Amaya	North Centra	47.23
4	Wiley, Quinn	Chief Sealth	45.83
5	Donais, Britney	Kamiakin	46.80
6	Watson, Kendra	Mercer Islan	48.37
7	Anderson, Maxine	Holy Names A	49.59
8	Brown, Britanna	Holy Names A	50.39
<b>Heat 2 of 2 Prelims</b>			
1	Taylor, Natalie	Bainbridge	49.80
2	Chisholm, Taryn	Lake Washing	48.54
3	Delcid, Marisol	Mt Spokane	47.05
4	Wilks, Shelby	Juanita	47.16
5	Kennedy, Keara	Holy Names A	47.80
6	Sarver, Grace	West Seattle	47.94
7	Salowey, Phoebe	Ingraham	49.07
8	Hedrick, Meya	Holy Names A	50.16
<b>Alternates</b>			
1	Chaffin, Callista	Mt Spokane	48.79
2	Kidd, Jayla	Juanita	50.16
3	Feist, Geneva	Nathan Hale	50.47
4	Livingston, Sara	Holy Names A	50.70
5	Ifrim, Andreea	Redmond	50.71

**Event 226 Girls 4x100 Meter Relay 3A (16)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Rainier Beac	A	52.65
2	Redmond	A	51.70
3	Rogers (Spok)	A	50.32
4	Roosevelt	A	50.04
5	Kamiakin	A	49.45
6	Mt Spokane	A	50.95
7	Seattle Prep	A	52.18
8	Ingraham	A	52.91
<b>Section 2 of 2 Finals</b>			
1	Holy Names A	A	52.57
2	Ballard	A	51.36
3	Southridge	A	50.32
4	Lake Washing	A	51.17
5	Garfield	A	50.13
6	Chief Sealth	A	50.59
7	Bishop Blanc	A	51.98
8	Mercer Islan	A	52.65
<b>Alternates</b>			
1	Shadle Park	A	52.18
2	Juanita	A	52.68
3	Bellevue	A	53.41
4	Lakeside (Seattle)	A	53.62
5	Franklin	A	53.89

**Event 227 Girls 4x200 Meter Relay 3A (16)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Kamiakin	A	1:45.40
2	Roosevelt	A	1:47.19
3	Garfield	A	1:48.12
4	Redmond	A	1:49.42
5	Bellevue	A	1:49.98
6	Holy Names A	A	1:50.39
7	Rogers (Spok)	A	1:50.69
8	West Seattle	A	1:52.40
<b>Section 2 of 2 Finals</b>			
1	Mercer Islan	A	1:49.31
2	Ballard	A	1:47.36
3	Chief Sealth	A	1:47.74
4	Mt Spokane	A	1:48.60
5	Rainier Beac	A	1:49.97
6	Juanita	A	1:50.28
7	Bishop Blanc	A	1:50.40
8	Lakeside (Se)	A	1:50.83
<b>Alternates</b>			
1	North Central	A	1:51.42
2	Lake Washington	A	1:52.22
3	Bainbridge	A	1:52.45
4	Kennewick	A	1:52.65
5	Eastside Catholic	A	1:54.32

**Event 228 Girls 4x400 Meter Relay 3A (16)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Ballard	A	4:24.03
2	Seattle Prep	A	4:17.25
3	Interlake	A	X4:09.89
4	Holy Names A	A	4:07.79
5	Mt Spokane	A	4:10.93
6	Bainbridge	A	4:13.66
7	Roosevelt	A	4:18.78
8	Juanita	A	4:22.70
<b>Section 2 of 2 Finals</b>			
1	North Centra	A	4:21.47
2	Ingraham	A	4:15.89
3	Mercer Islan	A	X4:09.66
4	Redmond	A	X4:09.15
5	Bishop Blanc	A	4:12.45
6	Lakeside (Se)	A	4:13.59
7	Southridge	A	4:17.99
8	West Seattle	A	4:25.70
<b>Alternates</b>			
1	Kamiakin	A	4:30.71

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## Event 229 Girls High Jump 3A (16)

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Helf, Kathy	Lake Washing	4-08.00
2	White, Leilani	Eastside Cat	4-08.00
3	McCormick, Katherine	Mercer Islan	4-08.00
4	Kaylor, Monica	Kennewick	4-10.00
5	Butler, Drew	Eastside Cat	4-10.00
6	Wagner, Caroline	Lakeside (Se	4-10.00
7	Winner, Lauren	Redmond	4-10.00
8	Lyman, Jaidyn	Mt Spokane	4-10.00
9	Gering, Karsten	North Centra	5-00.00
10	Rhodes, Katie	Mt Spokane	5-00.00
11	Lucioni, Sarah	Bainbridge	5-00.00
12	DeGreen, Isabel	Ballard	5-00.00
13	Kennedy, Keara	Holy Names A	5-00.00
14	Blue, Samantha	Ballard	5-00.00
15	Bush, Jady	Bishop Blanc	5-02.00
16	Brown, Iman	Garfield	5-02.00
<b>Alternates</b>			
1	Widman, Jillian	North Centra	4-10.00
2	Smith, Jasmine	Chief Sealth	4-08.00
3	Remillard, Abbey	Bishop Blanc	4-08.00
4	Hurd, Lanai	Garfield	4-08.00
5	Reid, Katherine	Bellevue	4-06.00

## Event 230 Girls Pole Vault 3A (16)

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Halpin, Bryn	Holy Names A	8-06.00
2	Moriarty, Ally	Bishop Blanc	8-06.00
3	Hatzenbeler, Annie	Nathan Hale	9-00.00
4	White, Liberty	Bellevue	9-00.00
5	Stermer, Celyn	Ballard	9-00.00
6	Konrad, Shawnee	Mt Spokane	9-06.00
7	Dodson, Hannah	Nathan Hale	9-06.00
8	Mancinelli, Olivia	Kamiakin	9-06.00
9	Moll, Reagan	Southridge	9-06.00
10	Winstead, Abigail	Kamiakin	9-06.00
11	Canto, Lauren	Bishop Blanc	9-06.00
12	Chee, Emma	Bainbridge	10-00.00
13	Blaskovich, Brittany	Lake Washing	10-00.00
14	Teo, Katrina	Juanita	11-01.00
15	Markow, Ginger	Bishop Blanc	11-06.00
16	Cunliffe, Chloe	West Seattle	12-03.00
<b>Alternates</b>			
1	Poquette, Sierra	Mt Spokane	9-00.00
2	Wagner, Caroline	Lakeside (Se	8-06.00
3	barer, ali	Lakeside (Se	8-06.00
4	Clark, Jessica	Juanita	8-00.00

## Event 231 Girls Long Jump 3A (16)

Pos	Name	School	Seed Mark
<b>Flight 1 of 2 Finals</b>			
1	Corbray, Keyaira	Chief Sealth	15-06.75
2	Blue, Samantha	Ballard	15-06.75
3	Kidd, Jayla	Juanita	15-08.00
4	Hilbun, Ellen	Redmond	15-10.00
5	York, Ellen	Bainbridge	15-11.00
6	McCully, Fiona	Roosevelt	15-11.75
7	Clark, Devin	North Centra	16-03.25
8	Lyman, Jaidyn	Mt Spokane	16-03.75
<b>Flight 2 of 2 Finals</b>			
1	Brundige, Emma	Bainbridge	16-08.25
2	Cunliffe, Chloe	West Seattle	16-09.25
3	Synovec, Johanna	Roosevelt	17-01.50
4	Hoffmann, Katherine	Shadle Park	17-08.00
5	Stapleton, Allison	Kamiakin	17-08.25
6	Duckett, Camille	Roosevelt	17-11.25
7	Bansal, Rikita	Interlake	18-02.50
8	Brown, Iman	Garfield	18-04.50
<b>Alternates</b>			
1	Smith, Jasmine	Chief Sealth	15-06.25
2	Yochum, Elizabeth	Redmond	15-05.50
3	Lipscomb, Alexis	Holy Names A	15-05.25
4	Hensey, Ella	Mercer Islan	15-05.00
5	Thornton, Maya	Kennewick	15-04.50

## Event 232 Girls Triple Jump 3A (16)

Pos	Name	School	Seed Mark
<b>Flight 1 of 2 Finals</b>			
1	Corbray, Keyaira	Chief Sealth	31-11.75
2	Flynn, Maria	Bainbridge	32-01.50
3	Sanusi, Aminat	Lakeside (Se	32-01.50
4	Young, Morgan	Holy Names A	32-03.00
5	York, Ellen	Bainbridge	32-03.50
6	Smith, Jasmine	Chief Sealth	32-04.00
7	Bush, Jady	Bishop Blanc	33-05.00
8	Hilbun, Ellen	Redmond	33-05.00
<b>Flight 2 of 2 Finals</b>			
1	Kidd, Jayla	Juanita	33-05.75
2	Lipscomb, Alexis	Holy Names A	33-10.50
3	Waters, Miahna	Mt Spokane	34-09.50
4	Scherbarth, Kylie	Kamiakin	35-04.50
5	Clark, Devin	North Centra	35-09.50
6	Harris, Lyric	Garfield	36-02.00
7	Bansal, Rikita	Interlake	37-10.75
8	Stapleton, Allison	Kamiakin	38-11.50
<b>Alternates</b>			
1	Reiboldt, Hailey	Southridge	34-06.50
2	Yochum, Elizabeth	Redmond	33-03.00
3	Vargas, Alessandra	Bellevue	32-07.00
4	Tanaka, Victoria	Holy Names A	31-00.50
5	Kirkland, Kelly	Garfield	30-09.00

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## Event 233 Girls Shot Put 3A (16)

Pos	Name	School	Seed Mark
<b>Flight 1 of 2 Finals</b>			
1	Nduka, Gloria	Holy Names A	29-08.00
2	Forster, Romy	Holy Names A	29-10.00
3	Loseff, Nicole	Ingraham	30-00.00
4	Shikany, Colleen	Holy Names A	30-02.00
5	Opara, Zaria	Lake Washing	32-07.25
6	Hartman, Kaitlyn	Redmond	32-11.00
7	Hyde, Mia	Chief Sealth	34-06.00
8	Frost, Gabriella	Interlake	34-10.25
<b>Flight 2 of 2 Finals</b>			
1	Tillett, Kendal	Rogers (Spok)	35-02.00
2	Miller, Kidera	Kennewick	35-07.50
3	Ward, Takiyah	Rainier Beac	35-08.00
4	Ama, Melina	Mt Spokane	35-08.25
5	Bush, Jillese	Bishop Blanc	36-03.00
6	Cherry, Tioana	Rainier Beac	37-04.00
7	Bryant, Matchya	Eastside Cat	37-09.00
8	Leeking, Hailey	North Centra	39-04.00
<b>Alternates</b>			
1	Westermeyer, Sam	Kamiakin	34-06.00
2	Cisneros, Grace	Bainbridge	29-06.00
3	Alverson, Amy	Roosevelt	28-10.00
4	Ford, Olivia	Bishop Blanc	28-09.50
5	Kieneker, Cami	Redmond	28-00.75
6	Dervish, Leyla	Bellevue	27-00.00

## Event 234 Girls Discus Throw 3A (16)

Pos	Name	School	Seed Mark
<b>Flight 1 of 2 Finals</b>			
1	Elmore, Eve	Chief Sealth	83-08
2	Nduka, Gloria	Holy Names A	84-04
3	Shikany, Colleen	Holy Names A	87-00
4	Anderson, Samantha	Bainbridge	90-01
5	Day, Leah	Eastside Cat	90-07
6	Ford, Olivia	Bishop Blanc	92-06
7	Guerrero, Grace	Lake Washing	94-04
8	Hyde, Mia	Chief Sealth	96-09
<b>Flight 2 of 2 Finals</b>			
1	Sidibe, Saran	Kamiakin	99-04.50
2	Hartman, Kaitlyn	Redmond	100-08
3	Bush, Jillese	Bishop Blanc	102-07
4	Williams, Chancellor	Kamiakin	114-01.50
5	Alverson, Amy	Roosevelt	117-03
6	Frost, Gabriella	Interlake	118-09
7	Leeking, Hailey	North Centra	122-06.50
8	Warren, Delaney	Mt Spokane	131-05
<b>Alternates</b>			
1	Burke, Grace	North Centra	95-08.50
2	Kull, Olivia	Lake Washing	92-01
3	Opara, Zaria	Lake Washing	90-11
4	Babitu, Anissa	West Seattle	82-07
5	Adekanbi, Oyinade	Nathan Hale	80-11

## Event 235 Girls Javelin Throw 3A (16)

Pos	Name	School	Seed Mark
<b>Flight 1 of 2 Finals</b>			
1	Ford, Olivia	Bishop Blanc	69-07
2	Black, Lucia	Roosevelt	72-10
3	Abisate, Jeremy	Nathan Hale	79-08
4	Cummings, Tor'zhae	Holy Names A	80-02
5	Cisneros, Grace	Bainbridge	85-06
6	Nguyen, Allison	Holy Names A	92-00
7	Kyro, Lexi	Nathan Hale	93-00
8	Laidler, Kristin	Holy Names A	95-05
<b>Flight 2 of 2 Finals</b>			
1	Bush, Jadyne	Bishop Blanc	98-01
2	Getchell, Katherine	Redmond	98-10
3	Hansen, Haimanot	Lake Washing	101-08
4	Tillett, Kendal	Rogers (Spok)	108-08
5	Gilbert, Carlie	Bellevue	113-03
6	Prewitt, Olivia	Mt Spokane	116-00.50
7	Shaffer, Breanna	Kennewick	121-01
8	Westermeyer, Sam	Kamiakin	134-08.50
<b>Alternates</b>			
1	Weiland, Mackenzie	Mt Spokane	108-01
2	Ingersoll, Madeline	Juanita	90-10
3	Jordan, Belle	Juanita	90-01
4	Anderson, Kristina	Ballard	66-06
5	Trimming, Taylor	West Seattle	63-00
6	Joy, Leighton	Seattle Prep	57-10

## Event 301 Boys 100 Meter Dash 4A (5)

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
2	Ugokwoli, Chinedu	Inglesmoor	11.68
3	Siegelman, Dane	Bothell	11.63
4	Liu, Kevin	Bothell	11.25
5	Belceto, Jacob	Mt Si	11.46
6	Stevens, Enoch	Bothell	11.47
<b>Alternates</b>			
1	Kaufman, Zach	Eastlake	11.69

## Event 302 Boys 200 Meter Dash 4A (8)

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Jolly, Cameron	Inglesmoor	23.80
2	Dara, Hasan	Newport (Bel)	23.75
3	Siegelman, Dane	Bothell	23.22
4	Liu, Kevin	Bothell	22.27
5	Belceto, Jacob	Mt Si	22.54
6	Stevens, Enoch	Bothell	22.84
7	Witters, Ryan	Bothell	23.95
8	Gallegos, Ezra	Mt Si	23.87
<b>Alternates</b>			
1	Williams, Deondre	Bothell	24.10

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**Event 303 Boys 400 Meter Dash 4A (8)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Brandon, Tai	Woodinville	53.25
2	White, Garrett	Issaquah	52.87
3	Milandin, Avery	Bothell	51.88
4	Wreggelsworth, Stile	Eastlake	50.95
5	Witters, Ryan	Bothell	50.88
6	Milandin, Logan	Bothell	51.28
7	Rodshagen, Tyler	Woodinville	52.55
8	Krishnan, Amrit	Skyline	52.98

**Alternates**

1	Bourgeois, Tyler	Inglemoor	52.52
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**Event 304 Boys 800 Meter Run 4A (8)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Schenck, Tyler	Bothell	1:59.84
2	George, Luke	Issaquah	1:57.17
3	Simmons, Brandon	Bothell	1:56.80
4	Karlinsey, Ethan	Inglemoor	1:56.14
5	Laucius, Alexander	Skyline	1:56.15
6	Stokes, Jackson	Mt Si	1:56.92
7	Vernon, Ray	Inglemoor	1:57.27
8	Thiagarajan, Dil	Issaquah	2:00.85

**Event 305 Boys 1600 Meter Run 4A (8)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Lind, Dustin	Woodinville	4:23.48
2	Ganz, Griffin	Skyline	4:21.76
3	Houser, Luke	Woodinville	4:18.06
4	George, Luke	Issaquah	4:17.35
5	Pendleton, Nate	Eastlake	4:17.74
6	Edson, Connor	Skyline	4:19.90
7	Waskom, Joe	Mt Si	4:22.61
8	Kimball, William	Skyline	4:24.62

**Alternates**

1	Vernon, Andrew	Inglemoor	4:28.44
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**Event 306 Boys 3200 Meter Run 4A (8)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Kimball, William	Skyline	9:47.01
2	Vernon, Andrew	Inglemoor	9:37.24
3	Houser, Luke	Woodinville	9:22.77
4	Pendleton, Nate	Eastlake	9:17.65
5	Waskom, Joe	Mt Si	9:22.00
6	Edson, Connor	Skyline	9:33.98
7	Ganz, Griffin	Skyline	9:42.38
8	Lind, Dustin	Woodinville	9:49.61

**Alternates**

1	Sapienza, Jenner	Issaquah	9:53.58
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**Event 307 Boys 110 Meter Hurdles 4A (8)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Breeland, Jaden	Issaquah	16.89
2	Basaldua, Nicholas	Mt Si	16.19
3	Woodley, Jalen	Inglemoor	15.95
4	Ford, Jalen	Bothell	15.18
5	Proctor, Matthew	Mt Si	15.61
6	Howard, Matthew	Bothell	16.12
7	Randall, Chase	Eastlake	16.58
8	Lin, Jason	Newport (Bel)	17.32

**Event 308 Boys 300 Meter Hurdles 4A (8)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Hamilton, Ryan	Inglemoor	42.76
2	Mucklestone, Joe	Woodinville	42.45
3	Wilson, Da'Vicious	Bothell	41.75
4	Woodley, Jalen	Inglemoor	39.83
5	Howard, Matthew	Bothell	40.43
6	Basaldua, Nicholas	Mt Si	42.41
7	Stuart, Cameron	Eastlake	42.74
8	Perry, Thomas	Woodinville	42.91

**Alternates**

1	baily, jake	Mt Si	NT
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**Event 309 Boys 4x100 Meter Relay 4A (7)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Woodinville	A	46.72
2	Mt Si	A	45.30
3	Eastlake	A	45.28
4	Bothell	A	43.73
5	Inglemoor	A	44.39
6	Newport (Bel)	A	44.96
7	Issaquah	A	46.21

**Event 310 Boys 4x400 Meter Relay 4A (8)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Eastlake	A	3:39.15
2	Mt Si	A	3:35.93
3	Skyline	A	3:33.85
4	Issaquah	A	3:27.97
5	Bothell	A	3:28.73
6	Inglemoor	A	3:29.38
7	Woodinville	A	3:38.21
8	Newport (Bel)	A	3:39.24

## District 2/5/8 Track &amp; Field Championship - 5/19/2017 to 5/20/2017

## SWAC

## Meet Program

**Event 311 Boys High Jump 4A (9)**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Breeland, Jaden	Issaquah	5-08.00
2	Morrison, Roman	Newport (Bel)	5-10.00
3	Bacon, Michael	Mt Si	5-10.00
4	Porter, Braxton	Issaquah	5-10.00
5	Ford, Jalen	Bothell	6-00.00
6	Lowe, Jason	Newport (Bel)	6-00.00
7	Kamp, Lee	Mt Si	6-00.00
8	Lin, Jason	Newport (Bel)	6-00.00
9	Nelson, Joe	Issaquah	6-06.00

**Event 312 Boys Pole Vault 4A (9)**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Holy, Cooper	Issaquah	11-06.00
2	Chou, Nathan	Newport (Bel)	12-00.00
3	Alverson, Jonathan	Skyline	12-00.00
4	Zent, Trent	Issaquah	12-00.00
5	McJunkin, Daniel	Skyline	12-00.00
6	Marsh, Peter	Newport (Bel)	12-06.00
7	Starr, Bowman	Eastlake	13-00.00
8	Clutter, Ryan	Woodinville	14-00.00
9	Mumma, Kyle	Woodinville	14-00.00

**Event 313 Boys Long Jump 4A (9)**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	cox, keaton	Bothell	19-07.00
2	Lin, Jason	Newport (Bel)	19-07.25
3	Morrison, Roman	Newport (Bel)	19-07.50
4	Yonemitsu, Mitchell	Inglesmoor	20-06.00
5	Stiles, Luke	Skyline	20-08.25
6	Gill, Vikram	Bothell	20-09.75
7	Ford, Jalen	Bothell	21-01.00
8	Wilson, Da'Vicious	Bothell	21-05.50
9	Nelson, Joe	Issaquah	22-05.75

**Event 314 Boys Triple Jump 4A (9)**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Lowe, Jason	Newport (Bel)	39-07.75
2	Wilson, Da'Vicious	Bothell	41-03.50
3	Harbol, Orrin	Bothell	41-04.50
4	Yonemitsu, Mitchell	Inglesmoor	41-05.00
5	Ugokwoli, Chinedu	Inglesmoor	41-05.50
6	Gill, Vikram	Bothell	41-07.25
7	Stiles, Luke	Skyline	42-01.50
8	Kim, Bradley	Skyline	42-05.00
9	Nelson, Joe	Issaquah	44-04.00

**Event 315 Boys Shot Put 4A (9)**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Brengle, Cale	Mt Si	39-10.25
2	Treppenbauer, Simon	Issaquah	39-10.50
3	Cummings, Austin	Inglesmoor	39-11.50
4	Hastings, Nicholas	Woodinville	40-02.50
5	Ahlemeyer, Mason	Skyline	43-01.50
6	Larson, Max	Inglesmoor	43-11.25
7	Beatty, Jacob	Skyline	44-04.25
8	Carius, Liam	Skyline	46-01.75
9	Jensen, Joey	Issaquah	48-04.50

**Event 316 Boys Discus Throw 4A (9)**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Bacon-Gershman, Ezra	Mt Si	110-03
2	Davis, Rhett	Mt Si	110-11
3	Umphrey, Zach	Eastlake	111-11
4	Ahlemeyer, Mason	Skyline	112-03
5	Petry, Jamie	Woodinville	114-10
6	Moroney, Chris	Skyline	115-06
7	Tryon, Jaydon	Woodinville	121-11
8	Carius, Liam	Skyline	142-04
9	Jensen, Joey	Issaquah	168-02

**Event 317 Boys Javelin Throw 4A (9)**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Boileau, Jace	Bothell	140-06
2	Smith, Carter	Woodinville	142-03
3	Gartenberg, Joel	Newport (Bel)	144-07
4	Swiger, Travis	Eastlake	146-01
5	Mills, Brayden	Inglesmoor	146-02
6	Milks, Logan	Mt Si	155-04
7	Singh, Dylan	Bothell	160-05
8	Zent, Trent	Issaquah	167-05
9	Tryon, Jaydon	Woodinville	173-09

**Event 318 Girls 100 Meter Dash 4A (8)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Leslie, Sarah	Eastlake	13.42
2	Harris, Annie	Newport (Bel)	13.44
3	Terry, Emma	Skyline	13.39
4	Dillender, Maile	Inglesmoor	13.21
5	Stavig, Lauren	Bothell	12.70
6	Olson, Devon	Inglesmoor	13.26
7	Gagliardi, Emma	Bothell	13.60
8	Feinglas, Kenzie	Eastlake	13.65

## District 2/5/8 Track &amp; Field Championship - 5/19/2017 to 5/20/2017

## SWAC

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**Event 319 Girls 200 Meter Dash 4A (8)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Childs, Jaiden	Bothell	28.28
2	Feinglas, Kenzie	Eastlake	27.82
3	Roberts, Rebekah	Newport (Bel)	27.41
4	Stephens, Nikki	Issaquah	25.66
5	Stavig, Lauren	Bothell	25.86
6	Atkinson, Katrina	Skyline	27.33
7	Phung, Melissa	Woodinville	27.86
8	Gagliardi, Emma	Bothell	28.02

**Event 320 Girls 400 Meter Dash 4A (7)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Roberts, Rebekah	Newport (Bel)	1:03.28
2	Webb, Maisy	Skyline	1:01.81
3	Crandall, Mackenzie	Issaquah	1:00.52
4	Burdette, Elise	Issaquah	57.34
5	Wisont, Olivia	Inglemoor	59.60
6	Creighton, Sarah	Mt Si	1:00.92
7	Phung, Melissa	Woodinville	1:02.43

**Alternates**

1	Childs, Jaiden	Bothell	1:05.21
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**Event 321 Girls 800 Meter Run 4A (8)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Kazitova, Tea	Skyline	2:34.43
2	Ly, Kerstin	Bothell	2:23.62
3	Riley, Katie	Issaquah	2:20.67
4	Manson, Brooke	Eastlake	2:11.83
5	Corman, Sami	Issaquah	2:15.34
6	Yusem, Liza	Bothell	2:22.95
7	Harder, Mallory	Bothell	2:31.55
8	winter, lexi	Mt Si	2:30.44

**Event 322 Girls 1600 Meter Run 4A (8)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Haas, Lauren	Issaquah	5:19.02
2	Riley, Katie	Issaquah	5:11.50
3	Waskom, Hannah	Mt Si	4:58.39
4	Schlepp, Geneva	Skyline	4:56.07
5	Corman, Sami	Issaquah	4:58.09
6	Clawson, Kenna	Issaquah	5:11.29
7	Yusem, Liza	Bothell	5:14.40
8	Cosgrove, Chloe	Mt Si	5:14.91

**Event 323 Girls 3200 Meter Run 4A (8)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Jordan, Emma	Issaquah	11:44.56
2	Bienfang, Alyssa	Newport (Bel)	11:24.52
3	Clawson, Kenna	Issaquah	11:18.57
4	Waskom, Hannah	Mt Si	10:48.93
5	Schlepp, Geneva	Skyline	10:59.48
6	Cosgrove, Chloe	Mt Si	11:22.43
7	Tiu, Ryan	Newport (Bel)	11:43.94
8	McKillop, Ella	Issaquah	11:46.49

**Event 324 Girls 100 Meter Hurdles 4A (8)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	AbiEzzi, Sophia	Eastlake	16.72
2	Cox, Kara	Newport (Bel)	16.48
3	Abekah, Siarfo	Issaquah	15.63
4	Stephens, Nikki	Issaquah	15.03
5	Mayanja, Theresa	Bothell	15.19
6	Auvil, Brooke	Newport (Bel)	16.19
7	Howerton, Alex	Woodinville	16.60
8	Stephens, Jackie	Issaquah	17.29

**Event 325 Girls 300 Meter Hurdles 4A (8)**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Stephens, Jackie	Issaquah	49.48
2	Cox, Kara	Newport (Bel)	48.90
3	Gibson, Emily	Bothell	48.15
4	Mayanja, Theresa	Bothell	46.66
5	Howerton, Alex	Woodinville	46.87
6	Harris, Olivia	Eastlake	48.20
7	Auvil, Brooke	Newport (Bel)	48.91
8	Kramers, Kim	Inglemoor	52.18

**Event 326 Girls 4x100 Meter Relay 4A (7)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Mt Si	A	53.46
2	Eastlake	A	57.96
3	Skyline	A	51.46
4	Bothell	A	49.99
5	Inglemoor	A	51.25
6	Issaquah	A	52.63
7	Woodinville	A	54.53

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## SWAC

## Meet Program

**Event 327 Girls 4x200 Meter Relay 4A (8)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Issaquah	A	1:40.90
2	Newport (Bel)	A	1:47.63
3	Skyline	A	1:49.11
4	Inglemoor	A	1:49.12
5	Bothell	A	1:49.28
6	Woodinville	A	1:50.22
7	Mt Si	A	1:52.87
8	Eastlake	A	1:55.87

**Event 328 Girls 4x400 Meter Relay 4A (6)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
2	Newport (Bel)	A	4:17.61
3	Inglemoor	A	4:09.76
4	Issaquah	A	3:57.54
5	Eastlake	A	4:08.53
6	Bothell	A	4:14.88
7	Woodinville	A	4:21.71

**Event 329 Girls High Jump 4A (9)**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Bakony, Becca	Issaquah	4-06.00
2	Jacobsen, Anna	Newport (Bel)	4-08.00
3	Ekstrom, Ella	Woodinville	4-08.00
4	Kuykendall, Tate	Woodinville	4-08.00
5	Corosdale, Taya	Bothell	4-10.00
6	Wilfong, Claire	Issaquah	4-10.00
7	Zhou, Lisa	Skyline	4-10.00
8	Stephens, Nikki	Issaquah	5-00.00
9	Pushkar, Audrey	Eastlake	5-03.00

**Event 330 Girls Pole Vault 4A (9)**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Webb, Katie	Woodinville	9-06.00
2	DeBoer, MaKenna	Woodinville	9-06.00
3	Kramers, Kim	Inglemoor	9-06.00
4	Benoit, Amie	Eastlake	9-06.00
5	Grudin, Eleanor	Issaquah	9-06.00
6	Mann, Ellie	Woodinville	10-00.00
7	Marsh, Alexandra	Newport (Bel)	11-00.00
8	Barton, Makenna	Woodinville	11-06.00
9	Talius, Ellie	Eastlake	12-00.00

**Event 331 Girls Long Jump 4A (9)**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Johnson, Kate	Bothell	15-06.25
2	Danyluk, Ariel	Skyline	15-08.00
3	Loveless, Sophie	Newport (Bel)	15-11.50
4	Harris, Annie	Newport (Bel)	16-03.50
5	Auvil, Brooke	Newport (Bel)	16-06.50
6	Mayanja, Theresa	Bothell	16-10.50
7	Gibson, Emily	Bothell	17-01.00
8	Stavig, Lauren	Bothell	17-05.50
9	Abekah, Siarfo	Issaquah	18-01.00

**Event 332 Girls Triple Jump 4A (9)**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Sabatini, Paiton	Bothell	31-04.00
2	Mejia, Callie	Issaquah	31-05.50
3	Milikin, Sophie	Bothell	31-07.00
4	Su, Elizabeth	Inglemoor	31-11.50
5	Reid, Emily	Inglemoor	32-02.50
6	Dalgleish, Tatum	Mt Si	32-08.50
7	Loveless, Sophie	Newport (Bel)	33-05.50
8	Danyluk, Ariel	Skyline	33-09.00
9	Gibson, Emily	Bothell	34-08.00

**Event 333 Girls Shot Put 4A (9)**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Mayanja, Theresa	Bothell	30-08.25
2	Amans, Maddie	Skyline	31-02.25
3	Romulus, Jada	Bothell	31-07.50
4	Seabrooks, Samantha	Eastlake	31-10.75
5	Barlow, Kali	Mt Si	31-11.75
6	Bangasser, Maddie	Eastlake	32-06.75
7	Hirayama, Ali	Skyline	32-07.50
8	Triou, Abbigal	Mt Si	32-09.75
9	Sirmon, Noelle	Bothell	33-00.25

**Event 334 Girls Discus Throw 4A (9)**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Quilantang, Cate	Woodinville	81-11
2	Bergquist, Dorothy	Eastlake	85-04
3	Bangasser, Maddie	Eastlake	93-00
4	Usselman, Jenae	Mt Si	96-11
5	Ryan, Annaliese	Skyline	97-02
6	Triou, Abbigal	Mt Si	100-04
7	O'Hara, Jacqueline	Skyline	105-04
8	Romulus, Jada	Bothell	108-00
9	Barlow, Kali	Mt Si	120-08

**District 2/5/8 Track & Field Championship - 5/19/2017 to 5/20/2017****SWAC****Meet Program****Event 335 Girls Javelin Throw 4A (9)**

<b>Pos</b>	<b>Name</b>	<b>School</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>			
1	Amans, Maddie	Skyline	80-09
2	Quilantang, Cate	Woodinville	83-09
3	Hurley, Jahnavi	Inglemoor	85-03
4	Mauch, Emily	Eastlake	94-03
5	Keck, Stacie	Eastlake	100-04
6	Ovall, Riley	Mt Si	101-00
7	Holmer, Natalie	Bothell	107-10
8	Usselman, Jenaë	Mt Si	108-04
9	Sirmon, Noelle	Bothell	109-01